

**Sobriety
Treatment
Education
Excellence
Rehabilitation**

**Judge Mary Jane Knisely
Thirteenth Judicial District Court**



STEER Overview

- Established in January 2011
- Serves high risk/high need felony offenders
 - DUI
 - Criminal Endangerment
 - Aggravated DUIs
- Served over 260 clients
 - Current clients 61
 - Current waitlist 18
- Cost effective
 - \$9.25 per client per day
- Large service area
 - Wolf Point, Bozeman, Forsyth and Beyond



STEER Overview

- Admission rates
 - 57% of females screened are admitted
 - 64% of males screened are admitted
- Once admitted 95% receive treatment within 7 days
- 90% of clients stay in program for more than 12 months
- 94% of clients receive over 200 hours of treatment while in STEER
- Graduation rates
 - 138 graduates
 - 68% of STEER clients graduate (females 60%, males 71%)
 - Higher than national average of 57%



STEER Overview

- Low recidivism (STEER)
 - 6% of all STEER graduates
- Low recidivism (CAMO)
 - 46 total graduates
 - 29 of those graduates were in CAMO for an impaired driving offense
 - ONLY 1 has been rearrested for another DUI

CAMO

COURTS ASSISTING MILITARY OFFENDERS

★ YELLOWSTONE COUNTY ★
VETERANS TREATMENT COURT

STEER Components

- **Treatment**
 - Residential treatment
 - Day treatment
 - Intensive outpatient
 - Aftercare and relapse prevention
- **Additional Therapy/Treatment Services**
 - Medication Assisted Treatment (MAT)
 - Tele-med services
 - Trauma-informed yoga
 - Gender-specific treatment
 - Art therapy
 - Equine therapy
 - Community engagement
 - Self-help meetings, community service, etc.



STEER Components

- Wrap-around services
 - Life skills—cooking, budgeting, etc.
 - Family therapy with children/spouse etc.
- Critical components
 - Alternative transportation
 - Bus Passes
 - Bikes
 - Ignition interlock systems
 - When driving privileges are restored
 - Sober housing
 - Continuous drug and alcohol monitoring
 - 24/7 program
 - CheckBAC
 - SCRAM

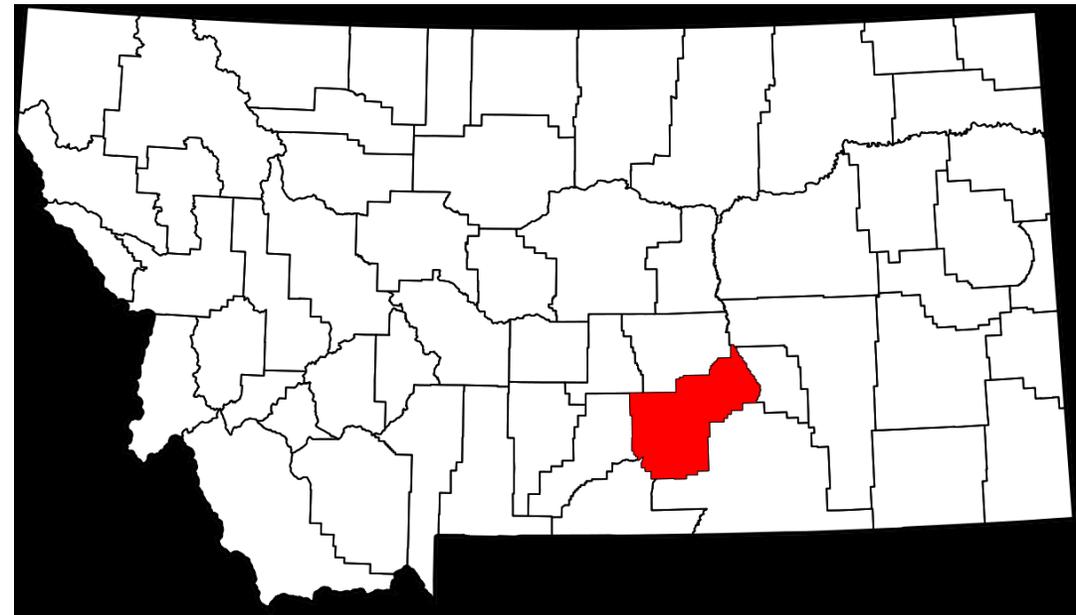


Medication Assisted Treatment (MAT)

- Focus is providing medication and counseling/treatment while remaining in the community
- Long taper period as transition through 3 phases prior to graduation from drug court
 - Leads to better long-term success
 - MAT may be continued after graduation if necessary based on individual success
- Flexible dosing
 - Rely on psychiatric evaluations and consultations to determine proper dosage
 - Can be accomplished via tel-a-med resources and Polycom system

Tele-Med Therapy Services

- Develop a detailed treatment plan at the end of phase 1
- Once program is in place clients are allowed to return to their home communities
- Clients are required to continue drug testing, self-help meetings, substance abuse counseling, and continue to be monitored by DOC
- Utilizes technology to allow clients from across the state to access **STEER**



Technology Bridging the Distance

- **Polycom Real Presence app**
 - Secure, free, and easy to install
 - Remote access to STEER court and other services
- **Drug Court Case Management System (DCCM)**
 - Consolidated, integrated, record storage system
 - Utilized by all team members
 - Allows for real time access to data on each client
 - Powerful data collection tool
- **Computer-based training for cognitive behavioral therapy**
 - Remote psychiatric consultations
 - Shortens prescription refill delays
 - Allows for quicker medication changes

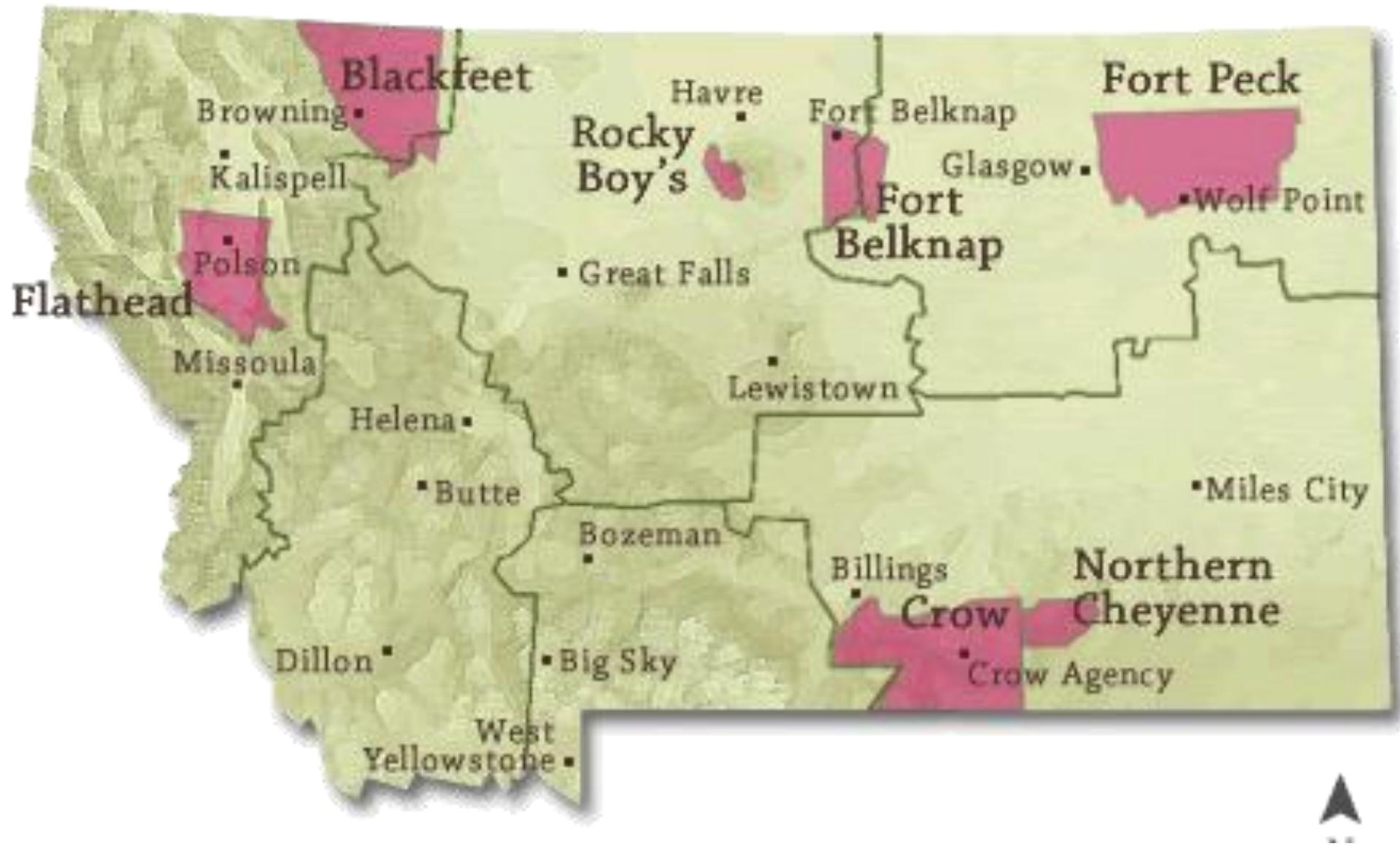


Technology Bridging the Distance

- Remote access to services provided by STEER
 - Yoga
 - Art therapy
 - Counseling
- Remote Vivitrol consultations and counseling
 - Clients referred to Telehealth Vivitrol screening
 - Shortens prescription refill delays
 - Allows for quicker medication changes
- Supervision of clients
 - SCRAM and GPS monitors
 - Probation officer conducts video check-ins with STEER clients
 - STEER team members connect with clients weekly to update progress



Treatment Court Collaboration with Tribes



Culturally Focused Treatment

- Red Road to Recovery
- White Bison Program
- Establishing relationships with tribal mentors
- Rituals
 - Sweats
 - Smudging
 - Sacred pipe ceremonies
 - Purification rituals
- Sun Dance



Concerning Trends

- Polysubstance abuse
 - More STEER clients are presenting with additions to multiple drugs including
 - Alcohol, marijuana, methamphetamine, opioids
- Drugged driving is increasing across Montana
 - In 2015, drugs were present in more than 1/3 of all traffic fatality cases
 - The number of illegal drug arrests by MHP has increased by 547% since 2010



Concerning Trends

	Age 12-17	Age 18-25	Age 26+	MT Rank out of 50 States
Illicit drug use in the past month	10.4%	24.5%	9%	10 th
Marijuana use in the past month	8.7%	23.0%	8.4%	11 th
Binge alcohol use in the past month	7.3%	44.7%	24.6%	12 th
Nonmedical use of pain relievers in the past year	8.0%	9.4%	2.95	30 th

Opioids

- **Montana**
 - Death rate is 5.4 per 100,000
 - 45% of all drug overdose deaths are related to opioids
 - 475% increase in heroin from 2013-2017
- **Yellowstone County**
 - Retail opioid prescriptions per 100 persons
 - 2016 = 86.8
 - 2015 = 95.5

