

Hill County DUI Court

Honorable Audrey Barger

Probation Officer - Shane Huston

**Psychiatric Nurse Practitioner – Suzanne
Lockwood**

Hill County DUI Court

**2013 Hill County was awarded
Montana Department of Transportation
Grant to begin a DUI Court**



Hill County DUI Court

History:

1989 First Treatment Court in Dade County

Now in all 50 states over 2000 in USA and now internationally

Hill County DUI Court

Evidenced Based program

Decreases recidivism

83.5% DUI Court graduation rates 2012-2016

59.6% Adult Drug Court 2012-2016

Hill County DUI Court

**10 Guiding Principles DUI Courts vs
10 Key Components Drug Courts**



Hill County DUI Court

90% Participants have both a SDMI and a Substance Use Disorder

Alcohol

Stimulants

Opiates

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**Program encourages success in personal
social behaviors**

Employment

Housing

Family Responsibilities

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Program allows individuals to get treatment for their SDMI and Substance Use Disorder instead of being incarcerated



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Participants are High Risk/High Needs

Must meet eligibility criteria

Voluntary Program for post conviction DUI by written contract

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- **In court for at least 12 up to 36 months**
- **4 Phases**
- **Incentives/Sanctions**

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Shane Huston, Probation Officer

Supervision:

- **Drug Testing**
- **Home visits**
- **Office visits**
- **Communication with law enforcement, treatment providers, community agencies**

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Numerous restrictions

- **Curfew**
- **No contact with users, even if family members**
- **Strict supervision/urine testing**
- **Self-help group attendance**
- **No addictive medications**

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- **No addictive medications**
- **No Gabapentin, Wellbutrin XL, Energy drinks, supplements, GNC**
- **Must inform other medical providers they are in DUI Court**

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Requirements

- Attend all recommended therapies, CD outpatient, groups
- Case management for budgetary management, housing, driver's license, appointments, health care

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**Suzanne Lockwood, Psychiatric Nurse
Practitioner**

**Psychiatric Nurse Practitioner – 25 years
Bullhook Community Health Center**

Hill County Drug Court Team – 2013-Current

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Assessments:

Chemical dependency

Trauma

Cognitive

Mental Health

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Extensive assessments are necessary to determine each participants need and complete an individualized treatment plan to address all of the participant's needs. Assessments reveal:



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- **Alcohol, Opiate, Stimulant, Cannabis Dependence**
- **Major Depressive Disorder**
- **PTSD**
- **TBI & TBI with Sequele**
- **ADHA**

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- **Major Depressive Disorder without and with Psychotic Features**
- **BiPolar Disorder I & II**
- **Personality Disorder NOS**
- **Personality Disorder Borderline/Sociopath**
- **Substance Induced Psychosis**

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Treatment:

- Outpatient Individual, Group, 12 Step
- Inpatient treatment
- Manualized modalities (CBT/DBT/MRT, etc.)
- Trauma Counselling
- Mental Health Medication
- Use of Medically Assisted Treatment

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Mental Health Medications

- **Non-Addictive**
- **Antidepressants**
- **Antipsychotics**

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Mental Health Medications

- **Mood Stabilizers**
- **Antianxiety**
- **ADHD**
- **Prozosin**

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Medically Assisted Treatment - Use of prescription medications to assist individuals in their recovery from Substance Use Disorders

- **Vivitrol – monthly injection**
- **Naltrexone – daily oral dose of 50mg**

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Indications:

Use of Vivitrol/Naltrexone indicated in the treatment of opiate, alcohol, methamphetamine when individuals are unable to abstain from their use in an outpatient setting.

Part of a comprehensive treatment program that includes psychosocial support.

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MAT is an evidenced Based Treatment

1984 – Opiates

1994 – Alcohol

2015 – Methamphetamines

See: <http://www.ndci.org/>

<http://www.nadcp.org/>

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What is Naltexone/Vivitrol?

Opioid Antagonist:

- **Blocks the opioid receptors in the Limbic Center of brain**
- **Does not activate the pleasure response**

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Adjunct treatment of Opiate, Alcohol, Methamphetamine Substance Use Disorders along with outpatient treatment.

Useful in preventing relapse as it eliminates cravings in 5-6 days of initiation.



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Cost

- Vivitrol - \$400 - \$800 an injection
- Naltrexone - \$80 - \$180 a month

Medicaid covers as do most insurances
UDS prior to each injection

Some free Vivitrol from company especially for jail inmates

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Contraindicated:

- **Actively using**
- **In acute withdrawal**
- **Liver Disease**
- **Thrombocytopenia**
- **Pregnancy or breast feeding**
- **Not recommended <16**

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Cautions:

- Vivitrol lasts 28 days
- Blocks opioids for 28 days
- Individuals have reduced tolerance
- Higher risk of overdose
- Individual unable to get “high”
- Use ID cards and bracelets

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My Outcomes:

- Significantly more days of abstinence
- Stayed in treatment longer
- Reported cravings gone in 5-6 days of initiation of therapy
- Less likely to relapse
- Best outcomes 12 months of therapy

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Overall success:

Summer of 2013 to June 2017

Total of 85 patients started on MAT

Success with 12 months of therapy

- **Participant = 87%**
- **Non-Treatment Court patients = 86%**

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Current Numbers:

21 Vivitrol

20 Naltrexone



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Referrals:

DUI/Drug Court

Self-referred

Outpatient therapists

Inpatient CD facilities

Other PCP

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MAT Failures

Primarily Drug Court Participants

Severe Personality Disorders

Severe SDMI

Severe TBI/FAS

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Implementation:

- Prescriptive authority - PCP, Psy. APRN, MD
- Screening for liver disease
- Chemically abstinent for 7 days, no withdrawal
- Judge can order custodial placement
- UDS prior to each injection
- Provider needs to monitor
- Repeat labs every 12 months

Hill County DUI Court

Legislative Update:

- **HB 133**

