

ALIVE AT 25

Every year, young adult drivers are involved in more than six million collisions, resulting in 14,000 fatalities. To save lives and equip teens to drive more defensively, the National Safety Council has developed the Alive at 25 defensive driving program.

www.nsc.org/alive25/

Alive at 25 is a four-hour course that addresses the number one cause of death for drivers ages 15 to 24 – motor vehicle crashes. This curriculum has been adopted by many states and courts for graduated licensing and traffic violator programs. Alive at 25, third edition, encourages young drivers to take responsibility for their driving behavior. Through interactive media segments, workbook exercises, class discussions and role playing, young drivers develop convictions and strategies that will keep them safe on the road.

Teens will learn

- Why young adults often underestimate risk
- The effects of inexperience, peer pressure and such distractions as cell phones, text messaging, MP3 players and GPS units
- The dangers of “kneeing”
- State and local driving laws and regulations
- Communication skills for assertiveness and being a young leader
- Responsibility of passengers

Alive at 25 Parent Program

To properly prepare teens to drive, parents must have a clear understanding of the risks they face. That's why the *National Safety Council* developed the *Alive at 25 Parent Program – Partnering with Your Teen Driver*.

This free 2-hour Internet-based course identifies those risks, and helps parents reinforce basic driving skills and good decision making to help teens become safe, responsible, and defensive drivers.

For more information about the locations of future Alive at 25 trainings in Montana, contact your local Highway Patrol office.